

# Travelling Further In.....

... into ourselves...

... into the world...

...into... God....

**Saturday 28th October 2017**

**10am to 3:30pm**

**at**

**Bouverie Court, Northampton, NN4 7YD**

The day will be led by  
Sr Rachel Overton and Rev Jenny Parkin.

'Travelling In' first ran in 2017 and is a short programme designed to both broaden and deepen our experience of prayer and also to provide the basic skills and tools to enable people to experience such companionship.

**'Travelling further In'** is a day of prayer and reflection intended for those who have already completed a 'Travelling In' course and also as a taster for those who would like further information about the course next running in January 2018.

During the morning session there will be some input on prayer and reflection, and during the afternoon we will form two groups:

- For those who have already completed a Travelling In course and are in a reflection group, the chance to catch up and feedback how things have been going since we last met.
- For those who have not yet completed the course, a chance to hear more about what it might entail.

We often lack the place to have those important conversations with others, where we can speak about our experience of God and prayer, and where we are given both support and challenge as we work out what it might mean day by day, to hear the voice of Christ say 'Come follow me'.

For further detailed information on 'Travelling In' please see separate flyer.

For more information or to book a place please e-mail:  
[sister.rco@icloud.com](mailto:sister.rco@icloud.com)