



Living Faith

For those who just want to find out more about
what becoming a Christian means

Seeds of Faith

A 6 session course on
the basics of the Christian faith.

**FREE CD FOR PARISHES
TO DOWNLOAD**

For enquirers, those who want a grasp of
Christian basics, or anyone who just
wants a refresher!

To receive your FREE CD or enquire further, e-mail :
lesley-anne.marriott@peterborough-diocese.org.uk
or call Lesley on : 01604 887 048



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Seeds of Faith

What to expect

- Each session will include prayer, input, group participation and discussion.
- It is designed to include people who differ in how much they know about Church and the Christian faith.
- Those who want to be refreshed in their Christian faith are encouraged to learn alongside those new to it, and enquirers.

No prior faith commitment is needed – just an openness to explore.
But be warned : your life may change as a result!

Session 1. New Beginnings

What is a Christian? How do we become Christians?
What role do Baptism and Confirmation play in that process?

Session 2. Firm Foundations

What is our faith built on?
What part do the Bible and the Creeds play?
What are we signing up for?

Session 3. What We Believe

Can we believe anything we like and still be a Christian?
What does the Church say?

Session 4. Growing into Who We Are

How do we become who we are meant to be?
What part does prayer have in this?

Session 5. Following Jesus Together

Why is Jesus important?
What would it mean to follow him in my life today?

Session 6. Food for the Journey

What sustains us in following Jesus?
Why are Communion and the Holy Spirit important?

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